



Jonastaler Challenge 2024 - powered by Sparkasse Arnstadt-Ilmenau  
 Jonastal 33 in Arnstadt / 22.06.2024

Detailed evaluation

**Sebastian Gruß**

Club: Team IMOSI  
 Number: 224

Course: 24.80 km  
 Einzelzeitfahren-RR

Category:  
 Jedermann Senioren 1 RR

Total time: 41:38

Speed: 35.74 km/h  
 Running performance: 1:40 min/km

Rank in course/Total: 49 (of 80)

Rank in course/Men: 49 (of 74)

Best time in course: 33:33

Rank in category: 19(of 22)

Best time in the category: 35:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	12.40	25:45	2:04	19	4:33	47	5:57	12.40	25:45	2:04	23	4:33	71	5:57
Finish	12.40	15:53	1:16	15	1:26	36	2:08	24.80	41:38	1:40	19	5:57	49	8:05