



43. Kienberglauf
Oehrenstock / 29.09.2024

Detailed evaluation

Mvbes, Sebastian

Club: Die flinken Gerataler
Number: 820

Course: 11.50 km
11 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 52:22

Speed: 12.60 km/h
Running performance: 4:33 min/km

Rank in course/Total: 1 (of 23)

Rank in course/Men: 1 (of 15)

Best time in course: 52:22

Rank in category: 1(of 2)

Best time in the category: 52:22