



43. Kienberglauf
Oehrenstock / 29.09.2024

Detailed evaluation

Heinemann, Jos

Club: Goetheschule Ilmenau
Number: 812

Course: 11.50 km
11 km Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 1:00:03

Speed: 10.99 km/h
Running performance: 5:13 min/km

Rank in course/Total: 6 (of 23)

Rank in course/Men: 6 (of 15)

Best time in course: 52:22

Rank in category: 1(of 5)

Best time in the category: 1:00:03