



43. Kienberglauf  
Oehrenstock / 29.09.2024

## Detailed evaluation

**Kart, Julia**

Club: Fit mit Schmidt  
Number: 817

Course: 11.50 km  
11 km Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:16

Speed: 10.43 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 9 (of 23)

Rank in course/Women: 1 (of 8)

Best time in course: 1:03:16

Rank in category: 1(of 1)

Best time in the category: 1:03:16