



43. Kienberglauf
Oehrenstock / 29.09.2024

Detailed evaluation

Gerhardt, Christoph

Club: Ilmenau
Number: 972

Course: 16.60 km
16 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:22:52

Speed: 11.58 km/h
Running performance: 4:59 min/km

Rank in course/Total: 9 (of 23)

Rank in course/Men: 9 (of 15)

Best time in course: 1:06:50

Rank in category: 1(of 1)

Best time in the category: 1:22:52