



43. Kienberglauf
Oehrenstock / 29.09.2024

Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau
Number: 809

Course: 11.50 km
11 km Lauf

Category:
Senioren M80 (80-84 Jahre)

Total time: 1:23:28

Speed: 7.91 km/h
Running performance: 7:16 min/km

Rank in course/Total: 18 (of 23)

Rank in course/Men: 14 (of 15)

Best time in course: 52:22

Rank in category: 1(of 1)

Best time in the category: 1:23:28