



43. Kienberglauf  
Oehrenstock / 29.09.2024

## Detailed evaluation

**Abe, Max**

Club: Elgersburg  
Number: 542

Course: 11.50 km  
11 km Nordic Walking

Category:  
Männer

Total time: 1:56:14

Speed: 5.68 km/h  
Running performance: 10:07 min/km

Rank in course/Total: 2 (of 4)

Rank in course/Men: 1 (of 2)

Best time in course: 1:56:14

Rank in category: 1(of 2)

Best time in the category: 1:56:14