



43. Kienberglauf
Oehrenstock / 29.09.2024

Detailed evaluation

Grune, Sascha

Club: Rennsteig-Borussen
Number: 970

Course: 16.60 km
16 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:27:32

Speed: 10.97 km/h
Running performance: 5:16 min/km

Rank in course/Total: 12 (of 23)

Rank in course/Men: 12 (of 15)

Best time in course: 1:06:50

Rank in category: 3(of 4)

Best time in the category: 1:14:33