



43. Kienberglauf  
Oehrenstock / 29.09.2024

## Detailed evaluation

**Beetz, Volker**

Club: Ilmenau  
Number: 952

Course: 16.60 km  
16 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:36:32

Speed: 9.94 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 16 (of 23)

Rank in course/Men: 14 (of 15)

Best time in course: 1:06:50

Rank in category: 4(of 4)

Best time in the category: 1:14:33