



43. Kienberglauf  
Oehrenstock / 29.09.2024

## Detailed evaluation

Laske, Friedrich

Club: LSV Ilmenau 1971 e.V.  
Number: 271

Course: 2.40 km  
2 km Lauf

Category:  
männliche Jugend U10 (8-9 Jahre)

Total time: 11:32

Speed: 10.40 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 3 (of 52)

Rank in course/Men: 3 (of 23)

Best time in course: 9:54

Rank in category: 1(of 7)

Best time in the category: 11:32