



43. Kienberglauf  
Oehrenstock / 29.09.2024

## Detailed evaluation

**Ackermann, Frieda**

Club: TSV Langewiesen  
Number: 298

Course: 2.40 km  
2 km Lauf

Category:  
weibliche Jugend U12 (10-11 Jahre)

Total time: 16:53

Speed: 7.11 km/h  
Running performance: 7:02 min/km

Rank in course/Total: 42 (of 52)  
Rank in course/Women: 24 (of 29)  
Best time in course: 11:36

Rank in category: 9(of 9)  
Best time in the category: 11:36