



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Frank Jaeger

Club: SV Sömmerda e.V.
Number: 60

Course: 14.06 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:05:46

Speed: 12.83 km/h
Running performance: 4:40 min/km

Rank in course/Total: 22 (of 168)

Rank in course/Men: 21 (of 123)

Best time in course: 48:00

Rank in category: 1(of 18)

Best time in the category: 1:05:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	32:22	4:58	1	-	23	9:04	6.50	32:22	4:58	1	-	23	9:04
Finish	7.56	33:24	4:25	1	-	19	8:42	14.06	1:05:46	4:40	1	-	21	17:46