



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Matthias Assig

Club: DAV Weimar
Number: 7

Course: 14.06 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:19:31

Speed: 10.56 km/h
Running performance: 5:39 min/km

Rank in course/Total: 73 (of 168)

Rank in course/Men: 65 (of 123)

Best time in course: 48:00

Rank in category: 5(of 18)

Best time in the category: 1:05:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	38:17	5:53	4	5:55	62	14:59	6.50	38:17	5:53	4	5:55	62	14:59
Finish	7.56	41:14	5:27	5	7:50	69	16:32	14.06	1:19:31	5:39	5	13:45	65	31:31