



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

**Bernd John**

Club: Laufclub Rudolstadt e.V.  
Number: 107

Course: 14.06 km  
Hauptlauf

Category:  
Senioren M60 (60-64)

Total time: 1:43:46

Speed: 8.10 km/h  
Running performance: 7:22 min/km

Rank in course/Total: 154 (of 168)

Rank in course/Men: 113 (of 123)

Best time in course: 48:00

Rank in category: 16(of 18)

Best time in the category: 1:05:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	51:24	7:54	17	19:02	118	28:06	6.50	51:24	7:54	17	19:02	118	28:06
Finish	7.56	52:22	6:55	15	18:58	111	27:40	14.06	1:43:46	7:22	16	38:00	113	55:46