



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Adrian Kalsow

Club: Gothaer Turnverein 1860  
Number: 169

Course: 14.06 km  
Hauptlauf

Category:  
Männer (20-29)

Total time: 1:15:05

Speed: 11.19 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 56 (of 168)

Rank in course/Men: 50 (of 123)

Best time in course: 48:00

Rank in category: 4(of 5)

Best time in the category: 1:00:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	36:43	5:38	4	7:18	49	13:25	6.50	36:43	5:38	4	7:18	49	13:25
Finish	7.56	38:22	5:04	4	7:43	51	13:40	14.06	1:15:05	5:20	4	15:01	50	27:05