



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Manfred Haferanke

Club: Lauffreunde Gotha
Number: 99

Course: 14.06 km
Hauptlauf

Category:
Senioren M70 (70-74)

Total time: 1:42:03

Speed: 8.23 km/h
Running performance: 7:15 min/km

Rank in course/Total: 153 (of 168)

Rank in course/Men: 112 (of 123)

Best time in course: 48:00

Rank in category: 2(of 2)

Best time in the category: 1:27:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	50:30	7:46	2	6:52	113	27:12	6.50	50:30	7:46	2	6:52	113	27:12
Finish	7.56	51:33	6:49	2	7:35	109	26:51	14.06	1:42:03	7:15	2	14:27	112	54:03