



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Ernst Hempel

Club: Saalfelder-LV  
Number: 188

Course: 14.06 km  
Hauptlauf

Category:  
Senioren M75 (75-79)

Total time: 1:36:29

Speed: 8.74 km/h  
Running performance: 6:51 min/km

Rank in course/Total: 146 (of 168)

Rank in course/Men: 108 (of 123)

Best time in course: 48:00

Rank in category: 1(of 3)

Best time in the category: 1:36:29

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit       | 6.50     | 47:47      | 7:21         | 1           | -           | 109     | 24:29      | 6.50          | 47:47      | 7:21         | 1        | -           | 109     | 24:29      |
| Finish             | 7.56     | 48:42      | 6:26         | 1           | -           | 104     | 24:00      | 14.06         | 1:36:29    | 6:51         | 1        | -           | 108     | 48:29      |