



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Kira-Josephine Sander

Club: Nuklear Crew
Number: 68

Course: 14.06 km
Hauptlauf

Category:
Seniorinnen W30 (30-34)

Total time: 1:33:31

Speed: 8.98 km/h
Running performance: 6:39 min/km

Rank in course/Total: 136 (of 168)

Rank in course/Women: 33 (of 45)

Best time in course: 1:00:29

Rank in category: 2(of 2)

Best time in the category: 1:07:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.50	45:54	7:03	2	13:41	32	16:16	6.50	45:54	7:03	2	13:41	32	16:16
Finish	7.56	47:37	6:17	2	12:35	32	16:46	14.06	1:33:31	6:39	2	26:16	33	33:02