



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Nancy Kruse

Club: WalschbergRunners  
Number: 141

Course: 14.06 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44)

Total time: 1:20:44

Speed: 10.40 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 80 (of 168)  
Rank in course/Women: 11 (of 45)  
Best time in course: 1:00:29

Rank in category: 2(of 7)  
Best time in the category: 1:00:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.50	39:45	6:06	2	10:07	12	10:07	6.50	39:45	6:06	2	10:07	12	10:07
Finish	7.56	40:59	5:25	2	10:08	12	10:08	14.06	1:20:44	5:44	2	20:15	11	20:15