



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Sabine Wahrenberg

Club: Laufftreff Breitungen
Number: 130

Course: 14.06 km
Hauptlauf

Category:
Seniorinnen W55 (55-59)

Total time: 1:21:05

Speed: 10.36 km/h
Running performance: 5:46 min/km

Rank in course/Total: 85 (of 168)
Rank in course/Women: 13 (of 45)
Best time in course: 1:00:29

Rank in category: 3(of 8)
Best time in the category: 1:20:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.50	40:16	6:11	4	0:40	15	10:38	6.50	40:16	6:11	4	0:40	15	10:38
Finish	7.56	40:49	5:23	1	-	10	9:58	14.06	1:21:05	5:46	3	0:23	13	20:36