



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

**Silvia Bärwolf**

Club: Laufftreff Breitungen  
Number: 51

Course: 14.06 km  
Hauptlauf

Category:  
Seniorinnen W60 (60-64)

Total time: 2:20:41

Speed: 6.00 km/h  
Running performance: 10:00 min/km

Rank in course/Total: 168 (of 168)

Rank in course/Women: 45 (of 45)

Best time in course: 1:00:29

Rank in category: 4(of 4)

Best time in the category: 1:28:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.50	1:05:15	10:02	4	21:30	45	35:37	6.50	1:05:15	10:02	4	21:30	45	35:37
Finish	7.56	1:15:26	9:58	4	30:46	45	44:35	14.06	2:20:41	10:00	4	52:16	45	1:20:12