



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

## Detailed evaluation

Helge Buch

Club: Erfurter LAC  
Number: 726

Course: 4.51 km  
Jedermannlauf

Category:  
männliche Jugend U18 (16-17) E

Total time: 19:53

Speed: 12.07 km/h  
Running performance: 4:24 min/km

Rank in course/Total: 2 (of 43)

Rank in course/Men: 2 (of 24)

Best time in course: 18:39

Rank in category: 2(of 4)

Best time in the category: 18:39