



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Michael Sturm

Club: Saalfelder LV  
Number: 174

Course: 14.06 km  
Hauptlauf

Category:  
Senioren M30 (30-34)

Total time: 54:42

Speed: 15.36 km/h  
Running performance: 3:53 min/km

Rank in course/Total: 5 (of 168)

Rank in course/Men: 5 (of 123)

Best time in course: 48:00

Rank in category: 3(of 9)

Best time in the category: 48:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	26:10	4:01	3	2:52	5	2:52	6.50	26:10	4:01	3	2:52	5	2:52
Finish	7.56	28:32	3:46	3	3:50	5	3:50	14.06	54:42	3:53	3	6:42	5	6:42