



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

## Detailed evaluation

**Andreas Heym**

Club: EDEKA-Team ERFURT  
Number: 738

Course: 4.51 km  
Jedermannlauf

Category:  
Senioren M45 (45-49) E

Total time: 23:11

Speed: 11.67 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 6 (of 43)

Rank in course/Men: 5 (of 24)

Best time in course: 18:39

Rank in category: 1(of 3)

Best time in the category: 23:11