



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Holger Gutjahr

Number: 735

Course: 4.51 km
Jedermannlauf

Category:
Senioren M45 (45-49) E

Total time: 29:58

Speed: 9.03 km/h

Running performance: 6:38 min/km

Rank in course/Total: 22 (of 43)

Rank in course/Men: 14 (of 24)

Best time in course: 18:39

Rank in category: 2(of 3)

Best time in the category: 23:11