



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

## Detailed evaluation

**Elke Nagel**

Club: Laufclub Rudolstadt e.V.  
Number: 742

Course: 4.51 km  
Jedermannlauf

Category:  
Seniorinnen W55 (55-59) E

Total time: 34:42

Speed: 6.92 km/h  
Running performance: 7:41 min/km

Rank in course/Total: 34 (of 43)  
Rank in course/Women: 15 (of 19)  
Best time in course: 23:10

Rank in category: 1(of 1)  
Best time in the category: 34:42