



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

## Detailed evaluation

Christoph Ciesla

Number: 136

Course: 14.06 km  
Hauptlauf

Category:  
Senioren M30 (30-34)

Total time: 1:06:32

Speed: 12.63 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 25 (of 168)

Rank in course/Men: 24 (of 123)

Best time in course: 48:00

Rank in category: 7(of 9)

Best time in the category: 48:00

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	6.50	32:38	5:01	8	9:20	25	9:20	6.50	32:38	5:01	8	9:20	25	9:20
Finish	7.56	33:54	4:29	7	9:12	22	9:12	14.06	1:06:32	4:43	7	18:32	24	18:32