



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Sören Föt

Club: GutsMuths-Rennsteiglaufverein
Number: 57

Course: 14.06 km
Hauptlauf

Category:
Senioren M35 (35-39)

Total time: 1:04:11

Speed: 13.09 km/h
Running performance: 4:33 min/km

Rank in course/Total: 16 (of 168)

Rank in course/Men: 15 (of 123)

Best time in course: 48:00

Rank in category: 3(of 11)

Best time in the category: 49:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	31:17	4:48	3	7:22	16	7:59	6.50	31:17	4:48	3	7:22	16	7:59
Finish	7.56	32:54	4:21	3	7:07	14	8:12	14.06	1:04:11	4:33	3	14:29	15	16:11