



22. Kirschlauf  
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Frank Raffler

Club: WSV Steinbach eV  
Number: 175

Course: 14.06 km  
Hauptlauf

Category:  
Senioren M35 (35-39)

Total time: 1:14:44

Speed: 11.24 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 52 (of 168)

Rank in course/Men: 46 (of 123)

Best time in course: 48:00

Rank in category: 8(of 11)

Best time in the category: 49:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	35:41	5:29	7	11:46	43	12:23	6.50	35:41	5:29	7	11:46	43	12:23
Finish	7.56	39:03	5:09	9	13:16	54	14:21	14.06	1:14:44	5:18	8	25:02	46	26:44