



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Marcel Krieghoff

Club: SC Impuls Erfurt
Number: 3

Course: 14.06 km
Hauptlauf

Category:
Senioren M40 (40-44)

Total time: 51:18

Speed: 16.37 km/h
Running performance: 3:38 min/km

Rank in course/Total: 3 (of 168)

Rank in course/Men: 3 (of 123)

Best time in course: 48:00

Rank in category: 1(of 21)

Best time in the category: 51:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	6.50	24:42	3:47	1	-	3	1:24	6.50	24:42	3:47	1	-	3	1:24
Finish	7.56	26:36	3:31	1	-	4	1:54	14.06	51:18	3:38	1	-	3	3:18