



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Stefan Thiel

Club: SV Sömmerda e.V.
Number: 73

Course: 14.06 km
Hauptlauf

Category:
Senioren M40 (40-44)

Total time: 1:00:23

Speed: 13.91 km/h
Running performance: 4:17 min/km

Rank in course/Total: 8 (of 168)

Rank in course/Men: 8 (of 123)

Best time in course: 48:00

Rank in category: 2(of 21)

Best time in the category: 51:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	29:45	4:34	2	5:03	10	6:27	6.50	29:45	4:34	2	5:03	10	6:27
Finish	7.56	30:38	4:03	2	4:02	7	5:56	14.06	1:00:23	4:17	2	9:05	8	12:23