



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Alexander Kerst

Total time: 1:10:06

Club: WalschbergRunners / GutsMuths Rennsteiglaufverein

Speed: 11.98 km/h

Number: 109

Running performance: 4:59 min/km

Course: 14.06 km

Rank in course/Total: 36 (of 168)

Hauptlauf

Rank in course/Men: 33 (of 123)

Best time in course: 48:00

Category:

Rank in category: 8(of 21)

Senioren M40 (40-44)

Best time in the category: 51:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	33:57	5:13	7	9:15	31	10:39	6.50	33:57	5:13	7	9:15	31	10:39
Finish	7.56	36:09	4:46	9	9:33	37	11:27	14.06	1:10:06	4:59	8	18:48	33	22:06