



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Steffen Schneider

Club: Fahner Höhe Runners
Number: 120

Course: 14.06 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:13:04

Speed: 11.50 km/h
Running performance: 5:11 min/km

Rank in course/Total: 48 (of 168)

Rank in course/Men: 42 (of 123)

Best time in course: 48:00

Rank in category: 3(of 15)

Best time in the category: 1:00:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	34:46	5:20	3	4:53	39	11:28	6.50	34:46	5:20	3	4:53	39	11:28
Finish	7.56	38:18	5:03	5	7:59	50	13:36	14.06	1:13:04	5:11	3	12:52	42	25:04