



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Andreas Twrznik

Club: SV Sömmerda e.V.
Number: 75

Course: 14.06 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:13:19

Speed: 11.46 km/h
Running performance: 5:12 min/km

Rank in course/Total: 49 (of 168)

Rank in course/Men: 43 (of 123)

Best time in course: 48:00

Rank in category: 4(of 15)

Best time in the category: 1:00:12

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit | 6.50 | 35:45 | 5:30 | 4 | 5:52 | 44 | 12:27 | 6.50 | 35:45 | 5:30 | 4 | 5:52 | 44 | 12:27 |
| Finish | 7.56 | 37:34 | 4:58 | 3 | 7:15 | 44 | 12:52 | 14.06 | 1:13:19 | 5:12 | 4 | 13:07 | 43 | 25:19 |