



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Mark Stollberg

Club: Mittwochslaufgruppe Bad Langensalza
Number: 193

Course: 14.06 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:19:32

Speed: 10.56 km/h
Running performance: 5:39 min/km

Rank in course/Total: 74 (of 168)

Rank in course/Men: 66 (of 123)

Best time in course: 48:00

Rank in category: 8(of 15)

Best time in the category: 1:00:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	40:17	6:11	9	10:24	77	16:59	6.50	40:17	6:11	9	10:24	77	16:59
Finish	7.56	39:15	5:11	7	8:56	55	14:33	14.06	1:19:32	5:39	8	19:20	66	31:32