



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Christian Friebel

Total time: 1:24:30

Number: 12

Speed: 9.94 km/h

Running performance: 6:00 min/km

Course: 14.06 km

Rank in course/Total: 100 (of 168)

Hauptlauf

Rank in course/Men: 83 (of 123)

Best time in course: 48:00

Category:

Rank in category: 11(of 15)

Senioren M45 (45-49)

Best time in the category: 1:00:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	40:54	6:17	11	11:01	82	17:36	6.50	40:54	6:17	11	11:01	82	17:36
Finish	7.56	43:36	5:46	13	13:17	84	18:54	14.06	1:24:30	6:00	11	24:18	83	36:30