



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Christian Friebe

Total time: 1:24:30

Number: 12

Speed: 9.94 km/h

Running performance: 6:00 min/km

Course: 14.06 km

Rank in course/Total: 100 (of 168)

Hauptlauf

Rank in course/Men: 83 (of 123)

Best time in course: 48:00

Category:

Rank in category: 11(of 15)

Senioren M45 (45-49)

Best time in the category: 1:00:12

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit | 6.50 | 40:54 | 6:17 | 11 | 11:01 | 82 | 17:36 | 6.50 | 40:54 | 6:17 | 11 | 11:01 | 82 | 17:36 |
| Finish | 7.56 | 43:36 | 5:46 | 13 | 13:17 | 84 | 18:54 | 14.06 | 1:24:30 | 6:00 | 11 | 24:18 | 83 | 36:30 |