



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Oleg Chesnokov

Club: Ltv Erfurt
Number: 89

Course: 14.06 km
Hauptlauf

Category:
Senioren M50 (50-54)

Total time: 1:14:49

Speed: 11.23 km/h
Running performance: 5:19 min/km

Rank in course/Total: 54 (of 168)

Rank in course/Men: 48 (of 123)

Best time in course: 48:00

Rank in category: 6(of 15)

Best time in the category: 1:02:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	36:32	5:37	6	5:38	47	13:14	6.50	36:32	5:37	6	5:38	47	13:14
Finish	7.56	38:17	5:03	7	6:16	49	13:35	14.06	1:14:49	5:19	6	11:54	48	26:49