



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Thoralf Held

Club: Skisportverein erfurt 02 e.V.
Number: 191

Course: 14.06 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:11:08

Speed: 11.81 km/h
Running performance: 5:03 min/km

Rank in course/Total: 42 (of 168)

Rank in course/Men: 38 (of 123)

Best time in course: 48:00

Rank in category: 2(of 13)

Best time in the category: 1:04:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	35:09	5:24	3	4:04	40	11:51	6.50	35:09	5:24	3	4:04	40	11:51
Finish	7.56	35:59	4:45	2	2:44	36	11:17	14.06	1:11:08	5:03	2	6:48	38	23:08