



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Helge Fritzschner

Club: Laufftreff Breitungen
Number: 97

Course: 14.06 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:14:37

Speed: 11.26 km/h
Running performance: 5:18 min/km

Rank in course/Total: 51 (of 168)

Rank in course/Men: 45 (of 123)

Best time in course: 48:00

Rank in category: 4(of 13)

Best time in the category: 1:04:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	36:44	5:39	4	5:39	50	13:26	6.50	36:44	5:39	4	5:39	50	13:26
Finish	7.56	37:53	5:00	4	4:38	46	13:11	14.06	1:14:37	5:18	4	10:17	45	26:37