



22. Kirschlauf
Kleinfahner/Thür. / 16.06.2024

Detailed evaluation

Ricardo Münchgesang

Club: LTV Erfurt
Number: 30

Course: 14.06 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:30:57

Speed: 9.24 km/h
Running performance: 6:28 min/km

Rank in course/Total: 129 (of 168)

Rank in course/Men: 99 (of 123)

Best time in course: 48:00

Rank in category: 10(of 13)

Best time in the category: 1:04:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.50	44:30	6:50	10	13:25	101	21:12	6.50	44:30	6:50	10	13:25	101	21:12
Finish	7.56	46:27	6:08	10	13:12	98	21:45	14.06	1:30:57	6:28	10	26:37	99	42:57