



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Beim zweiten Mal ist´s schöner!

Club: MathPhysInfo

Number: 395

Course: 25.50 km

Triathlonstaffel

Category:

Herren-Staffel

Total time: 1:13:32

Speed: 20.40 km/h

Running performance: 2:53 min/km

Rank in course: 18 (of 45)

Best time in course: 58:50

Rank in category: 6(of 7)

Best time in the category: 1:01:42

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	10:09	20:18	4	2:12	14	4:05	0.50	10:09	20:18	4	2:12	14	4:05	
Wechsel S -> R	-	1:27	-	3	0:13	7	0:13	0.50	11:36	-	4	2:13	13	2:52	
Rad netto	20.00	36:50	1:50	4	5:16	19	6:31	20.50	48:26	2:21	5	6:53	16	9:06	
Wechsel R -> L	-	0:31	-	3	0:05	8	0:05	20.50	48:57	-	4	6:48	15	9:03	
Lauf	5.00	24:35	4:54	6	7:42	24	7:42	25.50	1:13:32	2:53	6	11:50	18	14:42	