



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

### Wir Drei

Club: TF Feuerbach

Number: 421

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:03:00

Speed: 23.81 km/h

Running performance: 2:28 min/km

Rank in course: 3 (of 45)

Best time in course: 58:50

Rank in category: 2(of 30)

Best time in the category: 58:50

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	11:13	22:26	12	5:09	19	5:09	0.50	11:13	22:26	12	5:09	19	5:09
Wechsel S -> R	-	1:49	-	21	0:28	31	0:35	0.50	13:02	-	13	4:18	22	4:18
Rad netto	20.00	31:05	1:33	2	0:46	2	0:46	20.50	44:07	2:09	4	4:47	5	4:47
Wechsel R -> L	-	0:30	-	4	0:02	7	0:04	20.50	44:37	-	4	4:43	5	4:43
Lauf	5.00	18:23	3:40	2	0:39	3	1:30	25.50	1:03:00	2:28	2	4:10	3	4:10