



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Bohnanza

Club: Stimmel Sports e.V.

Number: 404

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:12:24

Speed: 20.72 km/h

Running performance: 2:50 min/km

Rank in course: 14 (of 45)

Best time in course: 58:50

Rank in category: 9(of 30)

Best time in the category: 58:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	8:43	17:26	7	2:39	10	2:39	0.50	8:43	17:26	7	2:39	10	2:39
Wechsel S -> R	-	1:21	-	1	-	2	0:07	0.50	10:04	-	5	1:20	8	1:20
Rad netto	20.00	36:46	1:50	14	6:27	17	6:27	20.50	46:50	2:17	9	7:30	12	7:30
Wechsel R -> L	-	0:37	-	18	0:09	27	0:11	20.50	47:27	-	9	7:33	12	7:33
Lauf	5.00	24:57	4:59	15	7:13	26	8:04	25.50	1:12:24	2:50	9	13:34	14	13:34