



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Two and a Half Men

Total time: 1:13:28

Number: 412

Speed: 20.42 km/h

Running performance: 2:52 min/km

Course: 25.50 km

Triathlonstaffel

Rank in course: 17 (of 45)

Best time in course: 58:50

Category:

Rank in category: 11(of 30)

Mixed-Staffel

Best time in the category: 58:50

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	9:21	18:41	9	3:17	13	3:17	0.50	9:21	18:41	9	3:17	13	3:17	
Wechsel S -> R	-	1:27	-	5	0:06	7	0:13	0.50	10:48	-	8	2:04	11	2:04	
Rad netto	20.00	35:22	1:46	10	5:03	13	5:03	20.50	46:10	2:15	7	6:50	9	6:50	
Wechsel R -> L	-	0:33	-	8	0:05	13	0:07	20.50	46:43	-	6	6:49	8	6:49	
Lauf	5.00	26:45	5:20	23	9:01	34	9:52	25.50	1:13:28	2:52	11	14:38	17	14:38	