



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Die drei Muskeltiere

Number: 382

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:17:34

Speed: 19.34 km/h

Running performance: 3:02 min/km

Rank in course: 28 (of 45)

Best time in course: 58:50

Rank in category: 20(of 30)

Best time in the category: 58:50

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	8:56	17:52	8	2:52	11	2:52	0.50	8:56	17:52	8	2:52	11	2:52
Wechsel S -> R	-	1:41	-	17	0:20	25	0:27	0.50	10:37	-	7	1:53	10	1:53
Rad netto	20.00	40:24	2:01	24	10:05	33	10:05	20.50	51:01	2:29	19	11:41	25	11:41
Wechsel R -> L	-	0:45	-	26	0:17	40	0:19	20.50	51:46	-	19	11:52	25	11:52
Lauf	5.00	25:48	5:09	19	8:04	30	8:55	25.50	1:17:34	3:02	20	18:44	28	18:44