



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Speedy Gonzales

Total time: 1:18:34

Number: 408

Speed: 19.09 km/h

Running performance: 3:04 min/km

Course: 25.50 km

Triathlonstaffel

Rank in course: 30 (of 45)

Best time in course: 58:50

Category:

Rank in category: 21(of 30)

Mixed-Staffel

Best time in the category: 58:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	12:09	24:18	21	6:05	32	6:05	0.50	12:09	24:18	21	6:05	32	6:05	
Wechsel S -> R	-	1:49	-	21	0:28	31	0:35	0.50	13:58	-	19	5:14	30	5:14	
Rad netto	20.00	36:16	1:48	12	5:57	15	5:57	20.50	50:14	2:27	16	10:54	22	10:54	
Wechsel R -> L	-	0:37	-	18	0:09	27	0:11	20.50	50:51	-	16	10:57	22	10:57	
Lauf	5.00	27:43	5:32	26	9:59	38	10:50	25.50	1:18:34	3:04	21	19:44	30	19:44	