



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Grady

Total time: 1:24:19

Number: 396

Speed: 17.79 km/h

Running performance: 3:18 min/km

Course: 25.50 km

Triathlonstaffel

Rank in course: 35 (of 45)

Best time in course: 58:50

Category:

Rank in category: 24(of 30)

Mixed-Staffel

Best time in the category: 58:50

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | | |
|----------------|----------|------------|--------------|----------|-------------|-------------|--------------|----------|------------|--------------|---------------|-------------|-----------|--------------|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Schwimmen nett | 0.50 | 18:26 | 36:52 | 30 | 12:22 | 45 | 12:22 | 0.50 | 18:26 | 36:52 | 30 | 12:22 | 45 | 12:22 |
| Wechsel S -> R | - | 1:43 | - | 19 | 0:22 | 28 | 0:29 | 0.50 | 20:09 | - | 29 | 11:25 | 44 | 11:25 |
| Rad netto | 20.00 | 34:15 | 1:42 | 7 | 3:56 | 10 | 3:56 | 20.50 | 54:24 | 2:39 | 22 | 15:04 | 32 | 15:04 |
| Wechsel R -> L | - | 0:34 | - | 12 | 0:06 | 17 | 0:08 | 20.50 | 54:58 | - | 22 | 15:04 | 32 | 15:04 |
| Lauf | 5.00 | 29:21 | 5:52 | 28 | 11:37 | 41 | 12:28 | 25.50 | 1:24:19 | 3:18 | 24 | 25:29 | 35 | 25:29 |