



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Grady

Total time: 1:24:19

Number: 396

Speed: 17.79 km/h

Running performance: 3:18 min/km

Course: 25.50 km

Triathlonstaffel

Rank in course: 35 (of 45)

Best time in course: 58:50

Category:

Rank in category: 24(of 30)

Mixed-Staffel

Best time in the category: 58:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	18:26	36:52	30	12:22	45	12:22	0.50	18:26	36:52	30	12:22	45	12:22
Wechsel S -> R	-	1:43	-	19	0:22	28	0:29	0.50	20:09	-	29	11:25	44	11:25
Rad netto	20.00	34:15	1:42	7	3:56	10	3:56	20.50	54:24	2:39	22	15:04	32	15:04
Wechsel R -> L	-	0:34	-	12	0:06	17	0:08	20.50	54:58	-	22	15:04	32	15:04
Lauf	5.00	29:21	5:52	28	11:37	41	12:28	25.50	1:24:19	3:18	24	25:29	35	25:29