



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Bähring, Hufnagel, Gärtner

Number: 414

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:24:22

Speed: 17.78 km/h

Running performance: 3:18 min/km

Rank in course: 36 (of 45)

Best time in course: 58:50

Rank in category: 25(of 30)

Best time in the category: 58:50

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	12:49	25:37	23	6:45	34	6:45	0.50	12:49	25:37	23	6:45	34	6:45
Wechsel S -> R	-	1:51	-	23	0:30	34	0:37	0.50	14:40	-	24	5:56	35	5:56
Rad netto	20.00	43:42	2:11	26	13:23	38	13:23	20.50	58:22	2:50	24	19:02	36	19:02
Wechsel R -> L	-	0:39	-	23	0:11	33	0:13	20.50	59:01	-	24	19:07	36	19:07
Lauf	5.00	25:21	5:04	17	7:37	28	8:28	25.50	1:24:22	3:18	25	25:32	36	25:32