



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Team EXPERT two

Number: 402

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:26:59

Speed: 17.24 km/h

Running performance: 3:24 min/km

Rank in course: 39 (of 45)

Best time in course: 58:50

Rank in category: 26(of 30)

Best time in the category: 58:50

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|----------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Schwimmen nett | 0.50 | 15:50 | 31:40 | 28 | 9:46 | 42 | 9:46 | 0.50 | 15:50 | 31:40 | 28 | 9:46 | 42 | 9:46 |
| Wechsel S -> R | - | 1:52 | - | 25 | 0:31 | 36 | 0:38 | 0.50 | 17:42 | - | 26 | 8:58 | 40 | 8:58 |
| Rad netto | 20.00 | 38:55 | 1:56 | 22 | 8:36 | 27 | 8:36 | 20.50 | 56:37 | 2:45 | 23 | 17:17 | 33 | 17:17 |
| Wechsel R -> L | - | 0:31 | - | 5 | 0:03 | 8 | 0:05 | 20.50 | 57:08 | - | 23 | 17:14 | 33 | 17:14 |
| Lauf | 5.00 | 29:51 | 5:58 | 29 | 12:07 | 43 | 12:58 | 25.50 | 1:26:59 | 3:24 | 26 | 28:09 | 39 | 28:09 |