



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Team EXPERT two

Number: 402

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:26:59

Speed: 17.24 km/h

Running performance: 3:24 min/km

Rank in course: 39 (of 45)

Best time in course: 58:50

Rank in category: 26(of 30)

Best time in the category: 58:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	15:50	31:40	28	9:46	42	9:46	0.50	15:50	31:40	28	9:46	42	9:46	
Wechsel S -> R	-	1:52	-	25	0:31	36	0:38	0.50	17:42	-	26	8:58	40	8:58	
Rad netto	20.00	38:55	1:56	22	8:36	27	8:36	20.50	56:37	2:45	23	17:17	33	17:17	
Wechsel R -> L	-	0:31	-	5	0:03	8	0:05	20.50	57:08	-	23	17:14	33	17:14	
Lauf	5.00	29:51	5:58	29	12:07	43	12:58	25.50	1:26:59	3:24	26	28:09	39	28:09	