



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

### Schön Klinik Lorsch 1

Club: Schön Klinik Lorsch

Number: 406

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:28:59

Speed: 16.86 km/h

Running performance: 3:29 min/km

Rank in course: 40 (of 45)

Best time in course: 58:50

Rank in category: 27(of 30)

Best time in the category: 58:50

### Intermediate times

### Stage score

### Total ranking

| Control        | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |              | Total ranking |            |              |          |             |           |              |  |
|----------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|--|
|                |          |            |              |          |             | Pos Total   | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |  |
| Schwimmen nett | 0.50     | 18:16      | 36:31        | 29       | 12:12       | 44          | 12:12        | 0.50          | 18:16      | 36:31        | 29       | 12:12       | 44        | 12:12        |  |
| Wechsel S -> R | -        | 2:16       | -            | 29       | 0:55        | 44          | 1:02         | 0.50          | 20:32      | -            | 30       | 11:48       | 45        | 11:48        |  |
| Rad netto      | 20.00    | 40:38      | 2:01         | 25       | 10:19       | 35          | 10:19        | 20.50         | 1:01:10    | 2:59         | 28       | 21:50       | 42        | 21:50        |  |
| Wechsel R -> L | -        | 0:37       | -            | 18       | 0:09        | 27          | 0:11         | 20.50         | 1:01:47    | -            | 28       | 21:53       | 42        | 21:53        |  |
| Lauf           | 5.00     | 27:12      | 5:26         | 24       | 9:28        | 36          | 10:19        | 25.50         | 1:28:59    | 3:29         | 27       | 30:09       | 40        | 30:09        |  |